REGULATIONS FOR THE DEGREE OF
MASTER OF SOCIAL SCIENCES
(MSocSc)

(See also General Regulations and Regulations for Taught Postgraduate Curricula)

These regulations apply to candidates admitted to the Master of Social Sciences in the academic year 2018-19 and thereafter.

Any publication based on work approved for a higher degree should contain a reference to the effect that the work was submitted to the University of Hong Kong for the award of the degree.

The degree of Master of Social Sciences (MSocSc) is a postgraduate degree awarded for the satisfactory completion of a prescribed course of study in one of the following fields: Behavioral Health; Clinical Psychology; Corporate Environmental Governance; Counselling; Criminology; Educational Psychology; Gerontology; Media, Culture and Creative Cities; Mental Health; Nonprofit Management; Psychology; Social Service Management; and Social Work. These fields of study will not necessarily be offered every year.

Admission requirements

MSS 1. To be eligible for admission to the courses leading to the degree of Master of Social Sciences, candidates
(a) shall comply with the General Regulations and the Regulations for Taught Postgraduate Curricula;
(b) shall hold
   (i) a Bachelor’s degree of this University; or
   (ii) another qualification of equivalent standard from this University or from another University or comparable institution accepted for this purpose;
(c) for a candidate who is seeking admission on the basis of a qualification from a university or comparable institution outside Hong Kong of which the language of teaching and/or examination is not English, shall satisfy the University English language requirement applicable to higher degrees as prescribed under General Regulation G2(b);
(d) shall satisfy any other admission requirements which may be specified for individual fields of study in the regulations below; and
(e) shall satisfy the examiners in a qualifying examination if required.

MSS 1.1 To be eligible for admission to the courses leading to the degree of Master of Social Sciences in the fields of Behavioral Health, Counselling, Gerontology, Mental Health, Social Service Management and Social Work, candidates shall preferably have had a minimum of two years of post-qualification experience in the relevant fields, in addition to the requirements set out in Regulation MSS 1.

MSS 1.2 To be eligible for admission to the courses leading to the degree of Master of Social Sciences in the field of Clinical Psychology, candidates
(a) shall hold a Bachelor’s degree with a major in Psychology, or a recognized equivalent qualification; and
(b) shall have an empirical research dissertation completed in the Bachelor’s degree programme or another equivalent programme in psychology in addition to the requirements set out in Regulation MSS 1.

MSS 1.3 To be eligible for admission to the courses leading to the degree of Master of Social Sciences
in the field of Criminology, candidates
(a) shall hold a Bachelor’s degree preferably with a major in the social sciences or humanities discipline; or
(b) shall preferably have working experience in the criminal justice system, social welfare agencies, or in other work with offenders,
in addition to the requirements set out in Regulation MSS 1.

MSS 1.4 To be eligible for admission to the courses leading to the degree of Master of Social Sciences in the field of Educational Psychology, candidates
(a) shall hold a Bachelor’s degree with a major in Psychology, or a recognized equivalent qualification;
(b) shall be eligible for the Graduate Membership of the Hong Kong Psychological Society; and
(c) shall preferably have relevant working experience in educational or related settings,
in addition to the requirements set out in Regulation MSS 1.

MSS 1.5 To be eligible for admission to the courses leading to the degree of Master of Social Sciences in the field of Nonprofit Management, candidates shall preferably have three years of relevant working experience, in addition to the requirements set out in Regulation MSS 1.

MSS 1.6 To be eligible for admission to the courses leading to the degree of Master of Social Sciences in the field of Psychology, candidates
(a) shall hold
   (i) a Bachelor's degree of this University (in a discipline other than psychology and without completion of any other programme in psychology which is designed to bring the degree holder up to the standard of a graduate majoring in psychology); or
   (ii) another qualification of equivalent standard from this University or from another University or comparable institution accepted for this purpose (in a discipline other than psychology and without completion of any other programme in psychology which is designed to bring the degree holder up to the standard of a graduate majoring in psychology);
(b) shall preferably have more than one year of work experience; and
(c) shall satisfy the examiners in a qualifying examination and interview if shortlisted,
in addition to the requirements set out in Regulation MSS 1.

MSS 2. An application for exemption from the above requirements shall be considered on a case by case basis.

Qualifying examination

MSS 3.
(a) A qualifying examination may be set to test the candidates’ formal academic ability or their ability to follow the courses of study prescribed. It shall consist of one or more written papers or their equivalent and may include a project report.
(b) Candidates who are required to satisfy the examiners in a qualifying examination shall not be permitted to register until they have satisfied the examiners in the examination.

Award of degree

MSS 4. To be eligible for the award of the degree of Master of Social Sciences, candidates
(a) shall comply with the General Regulations and the Regulations for Taught Postgraduate Curricula; and
(b) shall complete the programme as prescribed in the syllabuses and satisfy the examiners in accordance with the regulations set out below.
Period of study

MSS 5. The curriculum shall normally extend over one academic year of full-time study; or two academic years of part-time study, with a maximum period of registration of two academic years of full-time study or three academic years of part-time study, unless otherwise specified for individual fields of study in the regulations below.

MSS 5.1 In the field of Clinical Psychology, the programme shall normally extend over two academic years of full-time study, with a maximum period of registration of four academic years of full-time study.

MSS 5.2 In the field of Counselling, the programme shall normally extend over two or three academic years of part-time study, with a maximum period of registration of three academic years for the two-year part-time study or four academic years for the three-year part-time study.

MSS 5.3 In the field of Criminology, the programme shall normally extend over one academic year of full-time study or two academic years of part-time study, with a maximum period of registration of two academic years of full-time study or four academic years of part-time study.

MSS 5.4 In the field of Educational Psychology, the programme shall normally extend over two academic years of full-time study or three academic years of part-time study, with a maximum period of registration of four academic years for both full-time and part-time study.

MSS 5.5 In the fields of Media, Culture and Creative Cities, the programme shall normally extend over two academic years of part-time study, with a maximum period of registration of four academic years of part-time study.

MSS 5.6 In the field of Nonprofit Management, the programme shall normally extend over one academic year of full-time study, with a maximum period of registration of two academic years of full-time study.

MSS 5.7 In the fields of Mental Health, Social Service Management, and Social Work, the programme shall normally extend over two academic years of part-time study, with a maximum period of registration of three academic years of part-time study.

MSS 6. Candidates shall not be permitted to extend their studies beyond the maximum period of registration specified in the above regulations, unless otherwise permitted or required by the Board of the Faculty.

Advanced Standing

MSS 7. Advanced Standing may be granted to candidates in recognition of studies completed successfully before admission to the curriculum. Candidates who are awarded Advanced Standing will not be granted any further credit transfer for those studies for which Advanced Standing has been granted. The amount of credits to be granted for Advanced Standing shall be determined by the Board of the Faculty, in accordance with the following principles:

(a) a candidate may be granted a total of not more than 20% of the total credits normally required under a curriculum for Advanced Standing unless otherwise approved by the Senate; and

(b) credits granted for Advanced Standing shall not normally be included in the calculation of the GPA unless permitted by the Board of the Faculty but will be recorded on the transcript of the candidate.
Exemption

MSS 8. Candidates may be exempted, with or without special conditions attached, from the requirement prescribed in the regulations and syllabuses governing the curriculum with the approval of the Board of the Faculty, except in the case of a capstone experience. Approval for exemption of a capstone experience may be granted only by the Senate with good reasons. Candidates who are so exempted must replace the number of exempted credits with courses of the same credit value.

Progression in curriculum

MSS 9. Candidates may, with the approval of the Board of the Faculty, transfer credits for courses completed at other institutions during their candidature. The number of transferred credits may be recorded in the transcript of the candidate, but the results of courses completed at other institutions shall not be included in the calculation of the GPA. The combined total number of credits to be granted for Advanced Standing and credit transfer shall not exceed half of the total credits normally required under the curricula of the candidates during their candidature at the University.

Completion of curriculum

MSS 10. To complete the curriculum, candidates
(a) shall satisfy the requirements prescribed in TPG 6 of the Regulations for Taught Postgraduate Curricula;
(b) shall follow courses of instruction and complete satisfactorily all prescribed written work and field work;
(c) shall complete and present a satisfactory dissertation or capstone project as prescribed in the syllabuses; and
(d) shall satisfy the examiners in all prescribed courses and in any prescribed form of examination.

Dissertation and Capstone project

MSS 11. Subject to the provisions of Regulation MSS 10(c), the title of the dissertation or capstone project shall be submitted for approval by not later than March 31 of the final academic year in which the teaching programme ends and the dissertation or capstone project shall be presented by a date as prescribed in the syllabuses for each field of study; candidates shall submit a statement that the dissertation or capstone project represents their own work (or in the case of conjoint work, a statement countersigned by their co-worker(s), which show their share of the work) undertaken after registration as candidates for the degree.

Assessment

MSS 12. Candidates shall be assessed for each of the courses for which they have registered, and assessment may be conducted in any combination of continuous assessment of coursework, written examinations and/or any other assessable activities. Only passed courses will earn credits.

MSS 13.
(a) Where so prescribed in the syllabuses, coursework or a dissertation or a capstone project shall constitute part or whole of the examination for one or more courses.
(b) An assessment of the candidates’ coursework during their studies, including completion of written assignments and participation in field work or laboratory work, as the case may be, may be taken into account in determining the candidates’ result in each written examination paper; or, where so prescribed in the syllabuses, may constitute the examination of one or more courses.
MSS 14. Candidates shall not be permitted to repeat a course for which they have received a passing grade for the purpose of upgrading.

MSS 15. Candidates who have failed to satisfy the examiners at their first attempt in not more than half of the number of courses to be examined, whether by means of written examination papers or coursework assessment, during any of the academic years of study, may be permitted make up for the failed course(s) in the following manner:
(a) undergoing re-assessment/re-examination in the failed course; or
(b) re-submitting failed coursework, without having to repeat the same course of instruction; or
(c) repeating the failed course by undergoing instruction and satisfying the assessments; or
(d) for elective courses, taking another course in lieu and satisfying the assessment requirements.

MSS 16. Subject to the provision of Regulation MSS 10(c), candidates who have failed to satisfy the examiners at their first attempt in not more than half of the number of courses to be examined, whether by means of written examination papers or coursework assessment, during any of the academic years of study, may be permitted make up for the failed course(s) in the following manner:
(a) undergoing re-assessment/re-examination in the failed course; or
(b) re-submitting failed coursework, without having to repeat the same course of instruction; or
(c) repeating the failed course by undergoing instruction and satisfying the assessments; or
(d) for elective courses, taking another course in lieu and satisfying the assessment requirements.

Grading systems

MSS 21. Individual courses shall be graded according to the one of the following grading systems:

(a) Letter grades, their standards and the grade points for assessment as follows:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Standard</th>
<th>Grade Point</th>
</tr>
</thead>
<tbody>
<tr>
<td>A+</td>
<td></td>
<td>4.3</td>
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or

(b) ‘Pass’ or ‘Fail’.
Courses graded according to (b) above shall not be included in the calculation of the GPA.

Classification of awards

MSS 22. On successful completion of the curriculum, candidates who have shown exceptional merit may be awarded a mark of distinction, and this mark shall be recorded in the candidates’ degree diploma.

SYLLABUSES FOR THE DEGREE OF
MASTER OF SOCIAL SCIENCES

MENTAL HEALTH

The Department of Social Work and Social Administration offers a postgraduate programme leading to the degree of Master of Social Sciences in the field of Mental Health for social workers, nurses, occupational therapists, physiotherapists and other health related workers who are interested in mental health issues and practices. The programme shall extend over not less than two and not more than three academic years of part-time study, inclusive of intervening vacations.

EXEMPTION

Candidates may be granted exemption of up to three compulsory courses in recognition of studies completed in related areas. Exemption will only be considered in special circumstances and each application for exemption will be considered on its own merit. Candidates with exemption granted are required to take an additional elective course to replace the exempted compulsory course to meet the degree requirements.
ASSESSMENTS

To complete the programme, candidates shall satisfy the examiners in the assessment of courses as prescribed in the programme. Assessments of the courses may be conducted either by course assignments, or by presentations, or written tests, or a combination of both methods. The grading system follows the standard practice in the Faculty of Social Sciences.

CURRICULUM

Candidates are required to complete 60 credits, including 5 compulsory courses (6 credits each), and four to five courses (6 or 12 credits each) or three elective courses (6 credits each) with a dissertation (12 credits). In the first year of study, students will acquire most current knowledge about the contexts, policies and practices in mental health. They will also be introduced to advanced and practical knowledge and skills in psychiatric assessment and mental health counselling. In the second year, students can choose to specialize in four areas in mental health (i.e. Integrative Mental Health, Children and Youth Mental Health, Psychogeriatric Care and Cognitive-Behaviour Therapy). Candidates can take courses in other fields of study under the Master of Social Sciences (Behavioral Health, Gerontology, Social Service Management, Social Work) programmes. Special approval from the respective Programme Directors for the courses in the above-mentioned fields of study is needed.

(A) Compulsory courses
Candidates shall complete the following courses.

- SOWK6309. Mental health: policies and practices (6 credits)
- SOWK6310. Psychosocial approaches in mental health care (6 credits)
- SOWK6328. Theory and practice in mental health counselling (6 credits)
- SOWK6329. Assessment in mental health: A bio-psychosocial approach (6 credits)

(B) Elective courses

Dissertation option: Candidates shall complete three of the following courses.
Non-dissertation option: Candidates shall complete five courses. If interested, candidates can choose courses to make up one of the four areas of concentration: (1) Integrative Mental Health (2) Children and Youth Mental Health, (3) Psychogeriatric Care and (4) Cognitive-Behaviour Therapy.

- SOWK6084. Intervention in health care settings (6 credits)
- SOWK6022. Emotion-focused interventions: theory and practice (6 credits)
- SOWK6127. Cognitive-behavioral interventions (6 credits)
- SOWK6201. Mental health problems in old age (6 credits)
- SOWK6214. Children and youth mental health (6 credits)
- SOWK6311. Cognitive-behaviour therapy skills training (6 credits)
- SOWK6312. Cognitive-behaviour therapy supervised practice (12 credits)
- SOWK6315. Neuropsychiatric assessment and interventions (6 credits)
- SOWK6316. Practical issues in mental health care (6 credits)
- SOWK6321. Mental health in contemporary China (6 credits)
- SOWK6322. Special topics in mental health I (6 credits)
- SOWK6323. Special topics in mental health II (6 credits)

and any other courses offered under Master of Social Sciences (Behavioral Health, Gerontology, Social Service Management, Social Work) programmes

(Note: not all elective courses will necessarily be offered in a given year.)

Capstone Experience Courses

(C) Compulsory course
Candidates opt for either dissertation or non-dissertation option shall complete the following course.
SOWK6265. Research methods in human service (6 credits)

(D)  Dissertation (Elective)
Candidates opt for dissertation option shall complete the following course.
SOWK9003. Dissertation (12 credits)

COURSE DESCRIPTIONS

Compulsory Courses

SOWK6309. Mental health: policies and practices (6 credits)
As part of practice competence, mental health workers should be able to take a critical stance in understanding and analyzing the policy contexts that affect their practice. The first half of the course will provide a general understanding of selected social policies in Hong Kong. It will also offer students an understanding of certain policy analysis frameworks. The second half of the course focuses on critically examining policy issues relating to mental health care. Topics such as policy trends in mental health care, legal contexts of mental health care, stigma and discrimination, rights of persons with mental illness and etc. will be explored. Overseas examples in mental health policies will be used for comparison.
Assessment: 100% coursework

SOWK6310. Psychosocial approaches in mental health care (6 credits)
This course critically examines current models of prevention, rehabilitation and treatments for people with mental illness. Topics such as prevention and rehabilitation, hospital and community care, models of social and vocational rehabilitation, models of psychological intervention, culture and mental health, multidisciplinary teamwork in mental health service, core competences of mental health workers/social workers and etc. By comparing these to overseas models of psychosocial approaches in mental health care, students can appreciate the strengths and weaknesses of the models that are at work in Hong Kong.
Assessment: 100% coursework

SOWK6328. Theory and practice in mental health counselling (6 credits)
This course introduces students to a variety of current evidence-based psychological intervention approaches that are effective for working with people with mental health problems. As an overview, this course covers traditional approaches such as psychodynamic, humanistic, behavioural and cognitive and interpersonal approaches and postmodern approaches such as narrative approach, mindfulness approach, and motivational interviewing. In addition, some family perspectives such as structural family therapy will also be included. Case examples will be used to illustrate how these individual approaches can be applied to work with people with mental illness. Evidences about their effectiveness in working with people with mental illness will also be provided. Some lectures may also involve experiential learning and skills training.
Assessment: 100% coursework

SOWK6329. Assessment in mental health: A bio-psychosocial approach (6 credits)
This course provides students with knowledge and skills in conducting psychiatric and psychosocial
assessments on people with mental illness. Assessments on individual illnesses such as depression and psychosis will be taught using a bio-psychosocial perspective. The first 5 lectures cover the genetic and neurological bases of certain types of mental illness and the other 5 lectures will focus on the psychosocial factors in the etiology and development of certain types of mental illness. Students will be introduced to selected neurological, psychological and psychosocial assessment tools that are commonly used in measuring the mental health characteristics and statuses of a person with mental health concerns. Practical skills in using these assessment tools will be taught during classes. Assessment: 100% coursework.

Elective Courses

SOWK6022. Emotion-focused interventions: theory and practice (6 credits)

Social work practice recognizes the importance of the role of emotions in therapeutic change. This course will begin with a review of current theories and research on emotion-focused interventions before focusing on the application of these theories in the local setting. This is followed by an examination of the awareness, the arousal, and reorganization of the emotions in counselling and psychotherapy. Commonly encountered emotions in casework and groupwork practice like anger, fear, guilt, shame, sadness and grief will be examined. Moreover, the course aims to enhance students’ self-awareness and competence in handling critical incidents in clinical practice. Assessment: 100% coursework

SOWK6084. Intervention in health care settings (6 credits)

This course introduces students to a variety of current intervention approaches that are effective for working with people with health and mental health problems. These may include narrative therapy, solution focused therapy, art and music therapies, mindfulness-based intervention, body-mind-spirit approach, Satir family therapy and etc. Candidates will be provided with experiential training on skills/techniques in working with patients in hospitals and in the community. Assessment: 100% coursework.

SOWK6127. Cognitive-behavioral interventions (6 credits)

The course introduces students to the Beck’s cognitive-behaviour therapy model in working with people with depression and anxieties. A case process approach will be adopted to provide a stage-by-stage and step-by-step understanding of the theory and practice of Beck’s CBT. Other CBT models for working with people with psychosis, OCD, pathological gambling, substance abuse and etc. will also be discussed in class. Assessment: 100% coursework

SOWK6201. Mental health problems in old age (6 credits)

This course explores the types of mental illnesses among the elderly in Hong Kong. Attention will be put towards the understanding of the causes and treatments of mental illness in the elderly population. A critical review of medical, psychological and social services for the elderly with mental illness will be conducted. Assessment: 100% coursework

SOWK6214. Children and youth mental health (6 credits)
This course focuses on an understanding of the mental health issues found among children and youth in Hong Kong. While it will introduce the developmental perspectives on child and adolescent development, it will also provide an overview of the prevalence and general features of different childhood and adolescent mental health problems. The course will also bear a practice focus and introduce to students the assessment, treatment and skills in engaging children and youth suffering from various mental health problems.

Assessment: 100% coursework

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**SOWK6311. Cognitive-behaviour therapy skills training (6 credits)**

This course adopts a CBT case process model and provides step-by-step intensive and hands-on training of cognitive-behaviour therapy skills for students who are interested in practicing CBT. Cognitive-oriented techniques such as thought stopping, cognitive restructuring, cognitive continuum and pie chart will be taught, while behavioural techniques such as activity ruler, activity chart, behavioural experiment and exposure will also be introduced to the students. It is expected that students would actively participate by practicing the various skills, engaging in role plays and other activities in class. Students who intend to enroll in this course must have taken SOWK6127 Cognitive-behavioral interventions or an equivalent. As it is an intensive skill-oriented training, the optimum class size is 12 students.

Assessment: 100% coursework

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**SOWK6312. Cognitive-behaviour therapy supervised practice (12 credits)**

The course adopts a “case-study” format in which students are required to provide counselling for up to five clients using cognitive-behavior interventions, over a period of two semesters. Students will have to report in class the progress of their treatment sessions. Through case discussions and group supervision, students will learn the process and techniques of cognitive-behavior interventions. Students who intend to enroll in this course must have taken SOWK6127 Cognitive-behavioral interventions or an equivalent, and SOWK6311 Cognitive-behaviour therapy skills training.

Assessment: 100% coursework

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**SOWK6315. Neuropsychiatric assessment and interventions (6 credits)**

This course introduces a range of assessment and intervention approaches commonly used in complex neuropsychiatric conditions. With a focus on psychotic disorders and neurocognitive disorders and their core features such as delusions, hallucination, cognitive impairment and insight, the course will cover concepts and practices in screening and case identification, assessment of psychopathology and staging, pharmacological and nonpharmacological interventions, and outcome measurement. Students will be expected to gain some very basic neuroscience understanding of these conditions, which will lay the foundation for appreciating the assessment and intervention approaches used by helping professionals.

Assessment: 100% coursework

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**SOWK6316. Practical issues in mental health care (6 credits)**

This course covers the theoretical knowledge and practical skills on practice issues mental health workers face in their daily professional practices including handling psychiatric crises such as suicide and psychiatric relapse; providing practical advice to clients and families such as medication compliance and handling disturbing behaviours and emotions; working with other professionals; documenting services rendered to clients and the families; and dealing with legal issues. A case study approach is adopted.

Assessment: 100% coursework
**SOWK6321. Mental health in contemporary China (6 credits)**

The course offers an overview of mental health system, social development and mental health services in contemporary China, and equips students with an integrative and multi-dimensional understanding, classification and management of mental disorders (e.g., severe psychoses, depression, dementia, substance abuse, and anxiety, etc.). The students will be familiar with the key issues in mental health service and research, and be able to discuss their relevance in evidence-informed social work practice and service in contemporary China.

Assessment: 100% coursework

**SOWK6322. Special topics in mental health I (6 credits)**

Mental health is an integral and essential component of health. There is no health without mental health. Various psychological, emotional, biological and socioeconomic factors determine the level of mental health of a person at any point of time. Mental well-being is associated with our rapid changing society. This course will introduce students to mental health topics or issues in our contemporary society. For example, mental health policy and services, maternal and child mental health, neurological issues and problems in mental health, and suicide prevention.

Assessment: 100% coursework

**SOWK6323. Special topics in mental health II (6 credits)**

Mental health is an integral and essential component of health. There is no health without mental health. Various psychological, emotional, biological and socioeconomic factors determine the level of mental health of a person at any point of time. Mental well-being is associated with our rapid changing society. This course will introduce students to mental health topics or issues in our contemporary society. For example, mental health policy and services, maternal and child mental health, neurological issues and problems in mental health, and suicide prevention.

Assessment: 100% coursework

**Capstone Experience Courses**

**SOWK6265. Research methods in human service (6 credits)**

This course covers the whole research process from the development of research questions and hypotheses to the analysis of data as well as presentation of findings. Different data collection methods including qualitative data collection such as case study, interviews and focus groups; and quantitative data collection such as survey and experiment will be discussed. Data analysis on various types of data including secondary data will be examined. Students will be expected to integrate and apply the knowledge and skills they acquired through the programme by attending the integrated seminars organized by the end of the first semester of the final academic year of study.

Assessment: 100% coursework

**SOWK9003. Dissertation (12 credits)**

The title of the dissertation shall be submitted for approval not later than five months before the formal submission of the dissertation or not later than March 31 of the same academic year of study. The dissertation shall be presented by not later than August 1 of the same academic year of study.
dissertation shall be a critical study that demonstrates the application of research methodology to the investigation of problems relevant to the field of study, and shall not exceed 20,000 words in length. Assessment: 100% coursework