HKU Mentorship Programme (Overseas)
since 2003
MISSION

- To create a **supportive relationship** between Mentors and Mentees

- To assist mentees in their **adaptation to a new environment**

- To guide a mentee’s **personal development**

- For students who will be on exchange for **one semester or longer**
Having alumni and friends as Mentors will enrich your overseas learning experience, expand your knowledge and personal network in the host country.

Visit our website for more sharing by Mentees:
www.mentorship.hku.hk
200+ MENTORS OVERSEAS

ASIA-PACIFIC
Australia (NSW, Victoria, Queensland), Korea, Japan, Mainland (Beijing, Shanghai), New Zealand & Singapore

EUROPE
Austria, Denmark, Finland, France (Paris), Germany, Ireland, Netherlands, Norway, Sweden, Switzerland & UK (England and Scotland)

NORTH AMERICA
Canada (Ontario, BC, Alberta, Quebec and PEI) and USA (Illinois, S. California, N. California, New York, Boston-New England Region & Washington D. C.)
MENTORS ARE NOT AVAILABLE IN ...

Mexico
South America
Africa
Turkey
Eastern Europe
Italy, Spain ...etc.
WHY BECOME A MENTEE
Individual or group meetings. Even your mentor is not living close to you, make plan to visit him/her ... it could be a very rewarding experience.
Learn about the local culture and community
Join HKU Overseas Alumni Chapters’ gatherings

“Fall Colour Hiking in Ontario, Canada”
“I would say it has been an amazing experience being a mentee. I highly recommend it to all my friends going on exchange in the upcoming years. The programme is an important part of the exchange semester because it helps one to settle in a new environment, which may be completely different from that of Hong Kong. Thus, nothing could be better than meeting someone who is already quite familiar with the new place. Additionally, being a mentee gives one an opportunity to attend alumni dinners, which again are golden opportunities to meet with alumni and get to know about their academic and career journeys, which might be very helpful.” Sheheryar Muhammad Naveed, BEng(CompSc) Yr 2
“The exchange students this past semester have certainly experienced a lot - one of the most severe winters we have had, the Marathon bombings, and closing down of Cambridge and neighbouring towns.”...Professor Siu Sau Fong
Be invited to family gatherings
DO’S

- **Contact your Mentor** once you received details on your mentor and **before** you leave Hong Kong. It’s never too early to contact your mentor by email; you may check information on living or transportation.

- Use emails, phone calls, social media, chat apps to **keep in contact** with your mentor.

- **Always reply** your Mentor’s emails and return his/her calls.

- Don’t forget to **say good-bye & thank you** when you leave the country.
“Before he (mentee) came, he might have very limited knowledge about the living practice, climate, dress and what appliances he had to bring to Toronto. Through emails, messages and calls, the mentee can gather more information to prepare for the trip and feel far more comfortable.”
“It would be more rewarding if mentees would drop the mentor a note regularly, just to let us know how he/she is doing. At present, some do, and some don't.”
“I have had a wonderful time with the Mentees and I hope they feel the same way about me. The programme is a **two-way street that benefits both the Mentors and Mentees. I always learn something from them, especially hi-tech stuff.”
DON’T

• Be shy to **SHARE** your feelings and views

• **Take for granted** that your Mentor is going to pay for everything, e.g. tickets and alumni lunch with charge

• Call your Mentor at **unreasonable hours**; no calls after 9pm

• Expect your Mentor to take care your daily life, but **seeking advice and information is welcome**

• Never give your mentor’s phone number or email address to other exchange students. **Respect mentor’s privacy**
“In some cases, I have sent emails but have seldom heard back from my mentees and wondered what had happened to them. It is not right to enrol, taking away resources from their peers and not use them.”
“One student who made an appointment to meet me for the first time. However, she never showed up and did not notify me until I emailed her about the missed appointment. She gave me no reason. **An HKU student should be better than that.**”

“Some mentees **did not show appreciation** to their mentors and other alumni for the hospitality and generosity at the end of functions”
“Some brought friends who are not registered mentees without seeking permission from, nor giving prior notice to, their mentors. These friends they brought expected to enjoy the same privilege e.g. dinner cost to be borne by the mentor or other alumni.

At functions, some mentees appeared to converse only with their peers (fellow mentees or the friends they brought) instead of making an effort to interact with other guests.

Act like an educated young adult; show respect to your mentor and alumni in a way you want to be respected.
HKU Mentorship (Overseas)

Objectives:

- To create supportive relationships between mentors and mentees;
- To assist mentees on exchange to adapt in a new environment;
- To guide a mentee’s personal development; and
- To help mentor stay connected with HKU and Hong Kong.

Who can be Overseas Mentors?

Invited HKU alumni who have been living in the host country for at least 3 years; or mature individuals recommended by HKU alumni. Mentors are not available in all exchange destinations, and the availability of mentors may differ every semester. Students can contact the Mentorship Programme Facilitator for information.
ONLINE APPLICATION
From now to December 9 (Sun), 2018
www.mentorship.hku.hk

INTERVIEWS
Dec 10 (Monday) to Dec 14 (Friday) 2018
<table>
<thead>
<tr>
<th>Session Code</th>
<th>Date and Time</th>
<th>Regions</th>
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<tbody>
<tr>
<td>AU-14-A</td>
<td>Dec 14 (16:00 -16:45)</td>
<td>Australia</td>
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<tr>
<td>CA-10-A</td>
<td>Dec 10 (16:00 -16:45)</td>
<td>Canada</td>
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<tr>
<td>CA-12-B</td>
<td>Dec 12 (12:00 - 12:45)</td>
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<tr>
<td>GM-12-A</td>
<td>Dec 12 (17:00 - 17:45)</td>
<td>Germany</td>
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<tr>
<td>JP-13-A</td>
<td>Dec 13 (16:00 – 16:45)</td>
<td>Japan</td>
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<tr>
<td>NZ-13-A</td>
<td>Dec 13 (12:00 – 12:45)</td>
<td>New Zealand</td>
</tr>
<tr>
<td>UK-10-A</td>
<td>Dec 10 (12:00 – 12:45)</td>
<td>England and Scotland</td>
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<tr>
<td>UK-11-B</td>
<td>Dec 11 (16:00 – 16:45)</td>
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<tr>
<td>UK-14-C</td>
<td>Dec 14 (17:00 – 17:45)</td>
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<tr>
<td>US-10-A</td>
<td>Dec 10 (17:00 – 17:45)</td>
<td>Southern California &amp; Northern California</td>
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<tr>
<td>US-11-B</td>
<td>Dec 11 (12:00 - 12:45)</td>
<td>Boston &amp; New England Region</td>
</tr>
<tr>
<td>US-13-D</td>
<td>Dec 13 (17:00 – 17:45)</td>
<td>Illinois</td>
</tr>
<tr>
<td>EU-11-A</td>
<td>Dec 11 (17:00 – 17:45)</td>
<td>Austria, Denmark, Finland, Ireland, Netherlands,</td>
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<td></td>
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<td>Norway, Sweden &amp; Switzerland</td>
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<tr>
<td>OX-14-A</td>
<td>Dec 14 (12:00 – 12:45)</td>
<td>Korea, Mainland, Singapore and Others</td>
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Outgoing exchange students studying at Host University for at least one semester are invited to join the HKU Mentorship Programme (Overseas).
Outgoing Exchange Students

Each applicant will need to attend an interview session.

It is important for applicants to keep the Programme Facilitator informed of their contact details overseas, including email address and any changes on their schedule for exchange.

Successful applicant/ Mentee should submit at least one contact report, together with a photo with mentor, to the Mentorship Facilitator during the exchange.
HKU Mentorship Programme Application Form
(Outgoing Exchange Students)

Year: 2018 - 2019

University ID *: 1234567892

Photo: Browse... No file selected.
(format: JPG, Maximum 4MB)

Salutation *: ☐ Mr ☐ Ms

English Name:
Surname (e.g. Chan): *

Middle Name:
First Name (e.g. David): *

Chinese Name:
Chinese Surname:

Gender:

Year of Birth *: --Please select--

Residential Hall: --Please select--

Religion:
<table>
<thead>
<tr>
<th>Field</th>
<th>Input Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Study Year</td>
<td><img src="image" alt="Radio buttons" /> with options 2, 3, or Other (please specify in the More About Yourself box)</td>
</tr>
<tr>
<td>Faculty</td>
<td>Dropdown menu labeled Please select</td>
</tr>
<tr>
<td>Curriculum</td>
<td>Dropdown menu labeled Please select</td>
</tr>
<tr>
<td>Email</td>
<td>Two fields for Primary and Secondary Email</td>
</tr>
<tr>
<td>Contact Number</td>
<td>Two fields for Mobile and Telephone</td>
</tr>
<tr>
<td>Hong Kong Address</td>
<td>Multiple fields for Address Line 1, 2, and 3</td>
</tr>
<tr>
<td>Secondary School</td>
<td>Field for address</td>
</tr>
<tr>
<td>Host Country</td>
<td>Dropdown menu labeled Please select</td>
</tr>
<tr>
<td>State/Province</td>
<td>Field for State or Province</td>
</tr>
<tr>
<td>City/Town</td>
<td>Field for City or Town</td>
</tr>
<tr>
<td>Host Country Address</td>
<td>Field for Address</td>
</tr>
</tbody>
</table>
Host University: *

Email address in Host Country:

Phone number in Host Country:

Period of Stay in Host Country *
From: 2019/01
To: 2019/01

Hobbies *
- Please select as many as applicable
  - Architecture / Heritage Visits
  - Arts and Crafts
  - Astronomy
  - Bird Watching
  - Board Games
  - Bridge / Card Games
  - Camping
  - Chess

Remarks (please elaborate if needed)
(Max. 1,000 characters)

Extra-curricular Activities:
HKU Activities:
Non-HKU Activities:

(Max: 1,000 characters)

More About Yourself:

(Max: 1,000 characters)

What do you expect to learn from this Programme?

(Max: 1,000 characters)

Your Social Networks Profiles:

1. e.g. https://hk.linkedin.com/in/hku-mentorship-9b3786100
2. e.g. https://www.facebook.com/hkUMentorship
3. e.g. https://www.instagram.com/hkumentorship/?hl=en

Interview session:

Applicants will be interviewed in groups. The interview will not be directly related to your studies, but as a means to understand your personality and communication skills. Interviews will be conducted in English and/or Chinese.

If you are unable to attend one of the interview sessions on the date(s) assigned to your Faculty, you may choose a session of another Faculty.
Get-to-know-you Interviews

Interview session:

All applicants are required to attend an interview at the Development & Alumni Affairs Office (DAAO), Hong Kong Ying Building, Main Campus.

Please register for an interview session of your host country, or register one of the sessions for all countries (OX) as the last resort, if the sessions of your country do not fit your schedule.

Please select:

- 2018-12-10 (Mon) 12:00-12:45 | Session Name: UK-10-A
- 2018-12-10 (Mon) 16:00-16:45 | Session Name: CA-10-A
- 2018-12-10 (Mon) 17:00-17:45 | Session Name: US-10-A
- 2018-12-11 (Tue) 12:00-12:45 | Session Name: US-11-A
- 2018-12-11 (Tue) 16:00-16:45 | Session Name: EU-11-A
- 2018-12-12 (Wed) 12:00-12:45 | Session Name: CA-12-B
- 2018-12-12 (Wed) 16:00-16:45 | Session Name: US-12-C
- 2018-12-13 (Thu) 12:00-12:45 | Session Name: AU-13-A
- 2018-12-13 (Thu) 16:00-16:45 | Session Name: JP-13-A
- 2018-12-13 (Thu) 17:00-17:45 | Session Name: US-13-D
- 2018-12-14 (Fri) 12:00-12:45 | Session Name: AU-14-A
- 2018-12-14 (Fri) 16:00-16:45 | Session Name: UK-14-C
Dear Applicant,

Thank you for your application. The interview will take place at Hung Hing Ying Building (Development & Alumni Affairs Office), Main Campus.

Details of your interview session are below:

- **Session Number**: UK-14-C
- **University ID**: 1234567892
- **Date**: 2018-12-14
- **Time**: 17:00 - 17:45

Please arrive for the interview on time. For those who did not upload a photo when submitting the application online, please send us a recent photo (in jpg format), with your UID, by email (mentor@hku.hk) as soon as possible.

See you at the interview!

No further reminder email will be sent to applicants. No make-up interviews will be arranged.
Development & Alumni Affairs Office
發展及校友事務處
G/F, Hung Hing Ying Ying Building
MATCHING RESULTS

...will be released by email during December and January ... depending on the host countries.

*If you decide to withdraw from the exchange programme, you MUST inform IAO and Mentorship Programme Office as soon as possible.
Programme Facilitator

Holly Tang
mentor@hku.hk
www.facebook.com/HKU.Mentorship
www.mentorship.hku.hk
Call 3917 1710